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30 July 2009,

Dear All,

Where off and running and the first lot of courses have been finished, go and check out the fun photos at the website. There were a lot of very happy and amazed students.

Remember as we said at the start of the year:

“It’s Your Time To Shine in 2009!”

Boy have we had enough of hearing all the “doom and gloom” from everywhere, its on everything. You just can’t get away from it at the moment...no matter where you look, the media is making the most of it...and of course not to be too cynical, laughing all the way to the bank!

I know I am still ranting about it...I had to get that of my chest, it is still bugging me. Why is it that so many people want to find out “how bad others are suffering”? Have you asked yourself that question as well?...I bet more than once, just like me when I see “Reality TV” programs!

This year 2009, “It’s Your Time To Shine” and continue the journey... Whose journey?...Yours of course, and there is no time like the present, remember it’s a gift to you now, that is why its called the “Present”. Stop thinking about what you should do or could do and actually get to it, and start.

Both Geoff and I have had a lot of great feedback from our students on the changes that they have had after completing the programs...increased awareness, more energy, greater endurance to stick to things, improved relationships, and the best one of all “feeling happier!”...Isn’t that going against the flow of what we’re being told to believe by everyone else...we’re suppose to be unhappy, worried, stressed and even depressed about everything and everybody else who is not miserable!...woops, got back on to the band wagon again..gota to stop doing that!

Initially we started the training programs of using only our social website at: www.teateenergyhealing.ning.com which was a fantastic tool to be able to communicate to all that were interested and then for students to continue to communicate with each other. This social site will be continued to be maintained for the benefit of all our students current and past.

With the experience gained from the social website we now have developed a dedicated website called [Life Balance Starts Here](http://www.lifebalancestartshere.com) which includes the information from the social site as well as much more. We will continue to add on an ongoing basis information to provide everybody the opportunity to learn and obtain their goals and dreams. So come and have a look at the site and leave your comments and thoughts: WWW.LIFEBALANCESTARTSHERE.COM

I can hear you all saying “OMG” (that’s Oh My God..for the religious people....) you finally did it!, Yes We Did!...and...”We’re **EXCITED!!!**” about it too. It’s been a lot of “Blood, Sweat & Tears”...not a bad name for a song! ... to get this finished and be able to offer them now for everybody.

Geoff and I believe that the range of courses that we have developed, i.e. “**Novice, Apprentice & Journeyman**”... great names, what else would you expect! ...these are a level above anything else in presentation, quality and content that you could find.

Do you want to know more?...How can you not wonder?...And its okay to wonder... What..is it?...How...do I find out more?...What if...I miss out?...All these questions and answers can be found at “Life Balance Starts Here” and there is also some extra special surprise for you there as well...so have a look around to find out!

To get to the website, just type in the following web address or URL:



<http://lifelancestartsherecom/>



<http://TeateEnergyHealing.ning.com/>

Courses now available are

- **Novice**
- **Apprentice**
- **Journeyman**
- **Reiki I, II, III**
- **Reiki Master Level**

So that you can get started for planning and reserving your spot for the courses...here's a quick overview and summary of the courses. A copy of the contents from each of the manuals is available to download at LifeBalanceStartsHere website:

▪ **Novice Course**

Date: Courses run throughout the year, contact us for times and dates.

Duration: 2 days (approx. 6 hours / day)...usually on a weekend

Note: Depending on demand, it can be run during the week

Cost: \$295

Materials: Novice Manual (included in course fee)

Completion: Novice Certificate / Reiki I Certificate

▪ **Apprentice**

Date: Courses run throughout the year, contact us for times and dates.

Duration: 2 days (approx. 6 hours / day)...over 2 consecutive Sundays

Note: Depending on demand, it can be run during the week

Cost: \$495

Materials: Apprentice Manual (included in course fee)

Completion: Apprentice Certificate / Reiki II Certificate

▪ **Journeyman**

Date: Courses run throughout the year, contact us for times and dates.

Duration: 2 days (approx. 6 hours / day)...over 2 consecutive Sundays

Note: Depending on demand, it can be run during the week

Cost: \$175 per core module

Note: Individual modules are available at \$225 each

The Journeyman course consists of 5 core modules, i.e.

i.Reiki; ii. Acupressure; iii.Qigong; iv. Anatomy & Physiology; v. Relaxation

Materials: Journeyman Core Modules Manuals (included in course fee)

Completion: Journeyman Certificate / Reiki III Certificate

▪ **Reiki I, II, III**

Date: Courses run throughout the year, contact us for times and dates.

Duration: 2 days (approx. 6 hours / day)...usually on a weekend

Note: Depending on demand, it can be run during the week

Cost: Reiki I \$225

Reiki II \$325

Reiki III \$425

Materials: Reiki Manuals (included in course fee)

Completion: Reiki I,II, or III Certificate

▪ **Reiki Master Level**

Access to Mater Level training is by invitation and discussion with the student. Training is one-on-one with a Reiki Master_Teacher covering a range of higher level topics covering both theory and practical applications.

Cost: Please contact Geoff or Paul to discuss further.

Duration: As this is a Master Level training it is expected that a minimum of 6 months is required to reach the required competency levels.

Completion: Master Reiki Practitioner Certificate

All courses will be run throughout the year based on a 8 week cycle, in the following order:

1. **Novice** (over 2 consecutive days, e.g. Saturday & Sunday)
2. **Apprentice** (2 days over a week, e.g. Sunday & Sunday (a week later).
This course is run approximately 21 days after the Novice Course
3. **Journeyman** (2 days over a week, e.g. Sunday & Sunday (a week later).
This course is run approximately 21 days after the Apprentice Course
4. **Restart of Cycle**, i.e. New Novice Course, etc...as above

I know that this is a lot of information to take in at one time, trust me it takes longer to write it than read it! Geoff and I are very excited and passionate about what we have put together over the last few months and we are sure that you will be too.

So why not find out more and enrol for one of the training programs ...NOW!... and lets get started with moving you along further on your journey...yes it is exciting and a little scary at the same time...but WOW!..we will have some fund and a lot of learning's and realisation's along the way...that's what life is all about ...isn't it?

So you can see what have got all the options covered...so nothing could be simpler...and you have no excuse for not coming!

The one thing that is always the hardest is taking the first step...nothing happens without action! By doing today what others don't, you will have tomorrow what others won't.

To your health and success....

The Journeymen...

Geoff Hutchinson
Master Practitioner

Paul Mracek
Master Practitioner

P.S: We thought you might like this Old Zen Saying:

“Man stands in his own shadow and wonders why it is dark”...

Do you want to light..where you're standing?

P.P.S: this is my bit not an old Zen!



Teate Healing Energy™ of Nutafit Teate Academy
 “COOL ENERGY” – brings the fire inside..out..and unlocks your dreams
TRAINING PROGRAMS
Accelerated Learning

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First Name	Last Name
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City	State/Province/Country
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Post/Zip Code	Business Phone
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FAX Number	Mobile/Cell/Home Phone
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Email Address – IMPORTANT WRITE CLEARLY	Website Address

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Mailing Street Address	
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City	State/Province
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Country	Post/Zip Code

PRODUCT DESCRIPTION:

TEATE HEALING ENERGY TRAINING PROGRAMS

Date/Amount Paid:	Date/Amount Paid:	Date/Amount Paid:
NOVICE	APPRENTICE	JOURNEYMAN
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Please enter the name of the person who referred you to this program and their email address

Choose Your Payment Option Below: Credit Cards Will Be Processed Through Eventbrite Online Registration

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Representative Name: _____

Signature: _____ Date: _____